



A GUIDE FOR YOU AND YOUR FAMILY

Your next steps after a GP conversation

Keep this guide after your conversation with a healthcare professional. Take it to a visit and use it to note what you would like to ask.

1. Talk about the support you need

Ask your GP about your current support needs, the questions you have about residential care, and whether a needs assessment is the next step. Your local NASC service can help assess the care and services you need.

2. Prepare for a conversation with a home

Choose the location you prefer. Ask the care team about suitability, availability and a visit. Before sharing health information, agree with your GP and the home what is needed and how it will be sent securely.

3. Plan ongoing care

Ask who will coordinate the move and your ongoing GP care. Confirm medication arrangements, the proposed timing and who your family or whānau should contact.

Call a local Promisia care team

LOCATION	CARE TEAM	PHONE
Feilding	Ranfurly Manor	06 323 5050
Feilding	Nelson Street	06 280 4839
Christchurch	Aldwins House	03 242 0180
Christchurch	Chatswood	03 332 7323
Cromwell	Golden View Care	03 928 6015
Cromwell	Ripponburn	03 445 0021

Your questions for the visit

A conversation or visit does not confirm admission. Confirm care suitability, availability and fees directly with the home.

Further guidance: [NZ Government: starting residential care](#)